



## PATENCY CAPSULE PREPARATION

A patency capsule is a dissolvable pill designed to assess the patency (openness) of the digestive system, more specifically, the small intestine. The capsule passes through the digestive tract to determine if any blockages or strictures could cause complications for future video capsule endoscopy.

### 1 DAY PRIOR TO YOUR PROCEDURE

- ✓ **BREAKFAST**
  - You may have a regular meal for breakfast
- ✓ **LUNCH**
  - You may have a light lunch (example: soup and sandwich). After lunch you may only consume a clear liquid diet up until 10pm
    - Examples include: water, chicken broth, apple or white grape juice, sport drinks, popsicles, Jell-O, coffee and tea (no cream), and soft drinks
  - Do **NOT** consume alcohol, creamer, red or purple liquids
- ✓ After **10 PM: DO NOT DRINK ANY LIQUIDS OR CONSUME ANYTHING BY MOUTH**

### DAY OF YOUR PROCEDURE

- ✓ **DO NOT DRINK ANY LIQUIDS OR CONSUME ANYTHING BY MOUTH.** Failure to comply will result in your appointment being delayed or cancelled!

### PREPARING FOR ARRIVAL

- ✓ Please complete the electronic intake paperwork that was sent to you via text/email. Accommodations/assistance will be available upon request.
- ✓ Leave your valuables (including watches, jewelry, and personal effects) at home. We will not be responsible for these items.
- ✓ Please bring your photo ID, insurance card, and an updated list of medications.
- ✓ Do not bring children, as we are unable to provide accommodations for their care and comfort.

## MEDICATION ADJUSTMENTS

- ✓ **For Diabetic Patients:**
  - Remember to check your blood sugars frequently the day before and day of your procedure.
- ✓ **For Patients on Blood Thinners:**
  - If you're taking blood thinners like Warfarin, Plavix, Eliquis, or Xarelto, make sure to follow the specific instructions our office has given you.
- ✓ **For Patients Taking GLP-1 Medications:**
  - Examples include Ozempic, Wegovy, Zepbound, Trulicity, Bydureon, Byetta, Saxenda, Victoza, Adlyxin, and Rybelsus.
    - **If you take your GLP-1 medication daily:** Do not take it on the day of your procedure.
    - **If you take your GLP-1 medication weekly:** Do not take it for 7 days before the procedure.

## Need More Help?

- If you have any questions about these instructions, please call our office during regular business hours 8:00AM–5:00PM Monday through Friday at 208-489-1887.
- If you need to call after 5:00PM, please use 208-489-1900.

## Frequently Asked Questions (FAQs)

- For answers to frequently asked questions, visit our website: [www.digestivehealthclinic.com](http://www.digestivehealthclinic.com)