



FIBROSCAN PROCEDURE PREPARATION

FibroScan, also known as transient elastography, is an FDA-approved test that assesses liver damage using an ultrasound probe. It detects fibrosis or fatty deposits in the liver resulting from chronic liver diseases, such as metabolic dysfunction-associated liver disease (MASLD), metabolic-associated steatohepatitis (MASH), and viral hepatitis. Additionally, FibroScan is a non-invasive and painless alternative to a liver biopsy.

DAY OF YOUR PROCEDURE

- **DO NOT EAT for 3 hours before your procedure. You may drink water before the scan.**
- **Continue medications as prescribed.**

Wear appropriate clothing:

- You will not need to remove clothing for this exam, but you will need to expose the right side of your abdomen (stomach)
- You will not need to remove any jewelry near the site of the scan, such as a navel piercing

Do NOT:

- Eat anything by mouth for 3 hours before the exam
- Wear single-piece articles of clothing, such as a dress, jumper, or bodysuit

What to expect:

- During the exam, you will lay flat on your back with your right arm raised behind your head, your right leg crossed over your left leg to open up your rib spaces, and your right abdominal area will be exposed.
- The technician will apply a water-based gel to your skin and then place the ultrasound probe over your liver, applying gentle pressure
- You may feel a slight vibration on the skin at the tip of the probe as it delivers ultrasound waves to the area for measuring purposes
- The exam takes about 10 minutes, and the results will be given to your provider to review
- Your care team will follow up with you regarding results and any next steps.

Contact Information:

- If you have any additional questions regarding your preparation instructions, please call our office during regular business hours (8:00 AM - 5:00 PM) at 208-489-1887. For phone calls after 5:00 PM, please call 208-489-1900.